





















Active Dayz™ supported activity tracking devices and apps.

The following is a full list of supported devices and apps integrated with Active Dayz™. Any of these activity tracking devices or apps can be used towards getting Active Dayz™.











































The steps  or calorie  icon will guide you on what we use to allocate Active Dayz™.

Cannot find your device? Try one of the free apps, listed here.

App Name	App By	Type of App
Health	Apple	Steps + Calories  
Health Mate	Withings	Steps 
Strava	Strava	Calories 
Up	Jawbone	Steps 
Company Name	Model Name	Type of Device
Apple	Apple Watch Series 1	Steps 
Apple	Apple Watch Series 2	Steps + Calories  
Fitbit	Fitbit Tracker	Steps 
Fitbit	Fitbit Ultra	Steps 
Fitbit	Fitbit One	Steps 
Fitbit	Fitbit Zip	Steps 
Fitbit	Fitbit Flex	Steps 
Fitbit	Fitbit Force	Steps 
Fitbit	Fitbit Charge	Steps 
Fitbit	Fitbit Charge HR	Steps + Calories  
Fitbit	Fitbit Surge	Steps + Calories  
Fitbit	Fitbit Blaze	Steps + Calories  
Fitbit	Fitbit Alta	Steps 
Fitbit	Fitbit Charge 2	Steps + Calories  
Fitbit	Fitbit Flex 2	Steps 
Garmin	Garmin Edge Touring/Touring+	Calories 
Garmin	Garmin Fenix/2	Calories 
Garmin	Garmin Fenix/3	Steps + Calories  
Garmin	Garmin Forerunner 10	Calories 
Garmin	Garmin Forerunner 101	Calories 
Garmin	Garmin Forerunner 110	Calories 
Garmin	Garmin Forerunner 15	Calories 
Garmin	Garmin Forerunner 201	Calories 
Garmin	Garmin Forerunner 205	Calories 

Different devices take respective time to sync and also store historical data depending on the device type.

Do sync your device regularly with the Activ Health app. Please read the wearable device features for detailed information.

Garmin	Garmin Forerunner 210	Calories	
Garmin	Garmin Forerunner 301	Calories	
Garmin	Garmin Forerunner 305	Calories	
Garmin	Garmin Forerunner 310XT	Calories	
Garmin	Garmin Forerunner 405	Calories	
Garmin	Garmin Forerunner 410	Calories	
Garmin	Garmin Forerunner 50	Calories	
Garmin	Garmin Forerunner 610	Calories	
Garmin	Garmin Forerunner 620	Calories	
Garmin	Garmin Forerunner 910XT	Calories	
Garmin	Garmin Forerunner 920XT	Calories	
Garmin	Garmin Fr60	Calories	
Garmin	Garmin Fr70	Calories	
Garmin	Garmin Swim	Calories	
Garmin	Garmin Tactix	Calories	
Garmin	Garmin Vivoki	Calories	
Garmin	Garmin VivoActive	Steps + Calories	 
Garmin	Garmin Vivofit	Steps	
Garmin	Garmin Vivofit2	Steps	
Garmin	Garmin Vivofit3	Steps	
Garmin	Garmin VivoSmart	Steps	
Garmin	Garmin Edge 1000	Calories	
Garmin	Garmin Edge 200	Calories	
Garmin	Garmin Edge 205	Calories	
Garmin	Garmin Edge 305	Calories	
Garmin	Garmin Edge 510/500	Calories	
Garmin	Garmin Edge 605	Calories	
Garmin	Garmin Edge 705	Calories	
Garmin	Garmin Edge 810/800	Calories	
Jawbone	Up24	Steps	
Jawbone	UP Move	Steps	
Jawbone	UP	Steps	
Jawbone	Up2	Steps	
Jawbone	Up3	Steps	
Jawbone	Up4	Steps	
Misfit	Misfit Flash	Steps	
Misfit	Misfit Shine	Steps	
Misfit	Misfit Link	Steps	
Misfit	Misfit Ray	Steps	
Misfit	Misfit Shine 2	Steps	
Misfit	Speedo Shine	Steps	

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Misfit	Swarovski Activity Crystal	Steps	
Misfit	Misfit Vapor	Steps + Calories	 
Misfit	Misfit Phase	Steps	
Samsung	Samsung Gear S	Steps + Calories	 
Samsung	Samsung Gear S2	Steps + Calories	 
Samsung	Samsung Gear S3	Steps + Calories	 
Samsung	Samsung Fit 2	Steps + Calories	 
TomTom	TomTom Multi-Sport	Steps + Calories	 
TomTom	TomTom Multi-Sport+Cardio	Steps + Calories	 
TomTom	TomTom Multi-Sport + HRM Strap	Steps + Calories	 
TomTom	TomTom Runner 2	Calories	
TomTom	TomTom Runner 2 Music	Calories	
TomTom	TomTom Runner 2 Cardio	Calories	
TomTom	TomTom Runner 2 Cardio + Music	Calories	
TomTom	TomTom Spark 3	Steps + Calories	 
TomTom	TomTom Spark 3 Music	Steps + Calories	 
TomTom	TomTom Spark 3 Cardio	Steps + Calories	 
TomTom	TomTom Spark 3 Cardio + Music	Steps + Calories	 
TomTom	TomTom Spark	Steps + Calories	 
TomTom	TomTom Spark Music	Steps + Calories	 
TomTom	TomTom Spark Cardio	Steps + Calories	 
TomTom	TomTom Spark Cardio + Music	Steps + Calories	 
Tom Tom	TomTom Touch	Steps	
Tom Tom	TomTom Adventurer	Steps + Calories	 
Tom Tom	TomTom Golfer	Calories	
TomTom	TomTom Runner 3	Calories	
TomTom	TomTom Runner 3 Music	Calories	
TomTom	TomTom Runner 3 Cardio	Calories	
TomTom	TomTom Runner 3 Cardio + Music	Calories	
Withings	Activite	Steps	
Withings	Activite Steel	Steps	
Withings	Activite Pop	Steps	
Withings	Withings Pulse	Steps + Calories	 
Withings	Withings Pulse Ox	Steps + Calories	 
Withings	Withings Pulse O2	Steps + Calories	 
Withings	Withings Go	Steps	

 We only use steps from this device to allocate your Active Dayz™.

 We only use calories from this device to allocate your Active Dayz™.

We will allocate Active Dayz™ based on the first activity that qualifies for an Active Day.

This list is subject to change and will be updated as new devices or apps are supported.

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Do sync your device regularly with the Activ Health app. Please read the wearable device features for detailed information.